

## Resources

Suicide & Crisis Lifeline- Call or Text





Crisis Support Services
Text CARE to 839863
Call 1-800-273-TALK

SafeVoice Nevada App http://safevoicenv.org 1-833-216-SAFE





Nevada 211 Youth App
http://nevada211.org/youth-services
\*Connect to Youth Services

Children's Mobile Crisis Response Team http://www.knowcrisis.com/index.html 775-688-1670





**Hope Means Nevada** 

https://hopemeansnevada.org/
\*Mental health resources for teens

Nevada Teen Text Line

775-296-8336 Non-Crisis Peer Support



School Counseling and Social Work Department 775-850-8012

https://www.washoeschools.net/Domain/173